Health Psychology

50 Dissertation Ideas

- Look at the relationship between the media and eating disorders such as anorexia
- What can influence peoples likelihood of adhering to a diet or exercise program
- How people can be better influenced to use seatbelts or cycle helmets
- Strategies for reducing the impact of disasters on mental health
- The impact of providing care to an elderly relative on the care giver
- Look at alternative approaches to helping people to stop smoking
- The effectiveness of relaxation on pain relief compared to pain killers
- Look at current reluctance of parents to immunize children
- Investigate programs that seek to reduce teen suicide
- Investigate potential stress on remote drone pilots
- Assisted suicide and terminal illness
- Common eating disorders among children
- Suicide and poor self-esteem
- Coping strategies after a storm
- Infant sleep therapy and the psychological consequences of ignoring the guidelines
- Emotional roller coasters of caregivers
- Traumatized children and play therapy
- Childhood immunizations – what can encourage parents?
- Veganism: the motivations
- Global health crisis and refusing to immunize children
- Disaster aftermath on human psyche
- The latest on public health
- Ideal bodies and self-esteem
- Infant safety and public awareness
- Eating behaviors
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Teens and suicide
Smoking, behavior assessment and treatment plans
Psychological impact of care giving
Post Traumatic Stress Disorder
Stress management techniques
Student academic performance, anxiety and depression
Positive reinforcement – the good and the bad
Clinical psychologists and returning to work post vacation
Effects of PTSD
Smoking cessation
Personal therapy during the training of clinical psychologists
Therapies and clinical psychologists
Identity and body image of people after a lung or heart transplant
How to compare emotional intelligence
Depressed adolescents and behavior therapy
Anger behavior and beliefs
Psychosocial adjustment after dialysis
Facial expression and familiarity
Sensory modalities and conflict monitoring
Major depressive disorders
Emotions and cognitive flexibility
Depression and cognitive vulnerability
Cognitive Psychology and Complexity Theory
Stress and mindfulness therapies
Anxiety disorders, emotion and social cognition