# Sports Psychology

## 50 Dissertation Ideas

- How does media affect the image-conscious athlete and their eating behavior?
- The psychological effects of injuries received by career sportspersons
- Differences in coaching techniques between male and female athletes
- Different psychological approaches to improve recovery time after injury
- Cultural differences and their impact on sporting performance
- Reducing the barriers for doing sports for parents of young children
- The effect of aggression in sports
- Does meditation improve sports performance?
- How does behavior relate to injury in a specific sport?
- Team sports and different training approaches
- Sports and positive thinking
- Fans – how they’re encouraged to support a team?
- Best motivations for a player
- Anxieties of a baseball player
- Leadership and team sports
- Professional athlete qualities
- Physical and mental strength – their relationship
- Confidence, performance and positive thinking
- Sports players and importance of counseling on them
- Mental abilities and violent sports
- How to determine the player that has the best potential to becoming a professional athlete
- Injuries and its impact on star players
- Rules of forming a new team - the determinants
- Team’s anthem and player morale – any relationship
- Team winnings and how supporters react
- Different fan reactions when watching on a stadium versus on a TV
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Sports: can it connect people better than communication?
Players and sport events
Player performance: How it increases or reduces stress?
Confidence and losing a game
Modern society and sports development
Psychology research on sports – the latest challenges
Psychological games and performance
War and sports – can one be a substitute for the other?
What shapes the future of sports psychology
College golf and player motivations
Youth sports coaches and their development
Recovery time from injuries and mindset
Most successful coaching styles
Male and female coaching techniques – the differences
Eating behavior, athletes and psychology behind a bad eating habit
Athletic performance and meditation
Sports and aggression
Sporting outcomes and coach gender
Sporting performance and cultural differences
Pros and cons of sports psychology counseling
Worst coaching styles
Body image and sports performance
Counseling players before a game – is it necessary?